NAME: Glub



ALSO KNOWN AS:
Gluten free dining's uninvited guest

AGE:	HAIR:	EYES:
Unknown	Orange	Dull

DESCRIPTION:
Appears tired, bloated, nauseous – like someone who's been "*glutened*"

BACKSTORY:

Glub embodies an unfortunate reality of gluten free dining: **gluten free isn't always gluten free.**

When gluten free meals are prepared alongside gluten-containing foods, it can be difficult to entirely remove the risk of exposure. Not because of intentional carelessness, but because kitchens are busy, labels are imperfect, and gluten is very good at hiding. So when gluten ends up where it shouldn't, triggering unwanted symptoms, we blame **Glub playing tricks in the kitchen.**

When someone's health relies on avoiding gluten, this uncertainty can make it hard to feel at ease when trusting someone else to get it right. The worry that lingers even after asking all the right questions? **That's Glub, lurking.**

WHERE YOU'LL FIND GLUB:



Travel & Holidays



Restaurants & Cafes



Social Occasions



Conferences & Work Events



Festivals & Other Events

SPECIAL SKILLS:

- Turning up uninvited
- Lurking in the background
- Playing tricks in the kitchen
- Disrupting plans

DISLIKES:



With **GluteGuard's protection**, Glub doesn't get a seat at the table.

Turn over to find out how →

Outsmart Glub.
Outsmart gluten.



GluteGuard offers reinforcement for the gluten free diet, helping people approach gluten free dining, social occasions, and travel with greater confidence.

1 tablet before meals as a protective measure when there's a risk of accidental gluten ingestion

Breaks down hidden gluten, helping to reduce the occurrence of symptoms



Powered by **Caricain**, a naturally-derived enzyme found in unripe **papaya** skin, suitable for regular use

Clinically trialled in coeliac disease[1] and dermatitis herpetiformis[2]

Want a chance to WIN $500?*

Answer the quiz question correctly, submit your entry, and you'll be in the draw to WIN $500!*

*Terms and conditions apply. See website for details.

GluteGuard helps protect those with medically diagnosed gluten sensitivity from symptoms of accidental gluten ingestion. **Before recommending GluteGuard, please refer to product label and directions for use.** This information is intended for healthcare professionals only.

To learn more, visit our **Professionals Portal** or get in touch with the team:

www.professionals.glutagen.com | professionals@glutagen.com | 03 9087 5464

References: **1.** Cornell HJ, et al. The effect of enzyme supplementation on symptoms and duodenal histology in celiac patients. *Int J Celiac Dis*. 2016;4:40-47. **2.** Żebrowska A, et al. The effect of enzyme therapy on skin symptoms and immune responses in patients with dermatitis herpetiformis. *Int J Celiac Dis*. 2014;2(2):58-63.

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