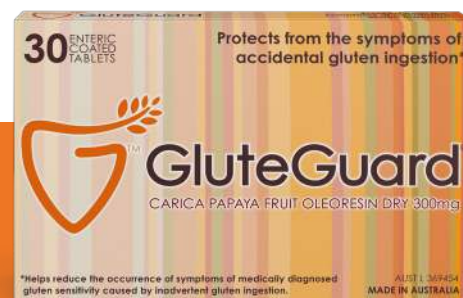


Protects against symptoms of accidental gluten ingestion when managing a gluten free diet



Who GluteGuard helps

GluteGuard helps to support the maintenance of a gluten free diet for individuals living with **gluten-related disorders**, such as:

- **Coeliac disease**
- **Non-coeliac wheat/gluten sensitivity**
- **Dermatitis herpetiformis**

While a strict gluten free diet remains the only treatment available for gluten-related disorders, avoiding gluten entirely can be challenging, and **accidental gluten ingestion** is a common occurrence.

How GluteGuard helps

GluteGuard breaks down gluten before it can cause symptoms.

- Taken before a meal, GluteGuard offers protection by breaking down hidden gluten **before** it interacts with the intestinal lining and triggers symptoms.
- Contains Caricain, a **naturally-derived enzyme** that targets the specific gluten peptides responsible for symptoms of gluten ingestion.
- **Clinically trialled** in individuals with coeliac disease¹ and dermatitis herpetiformis².

How GluteGuard works

1



Take GluteGuard **before a meal** that may contain traces of gluten.

2



GluteGuard's enteric coating delivers the Caricain **enzymes** into the small intestine.

3



The enzymes target and **break down gluten** into harmless fragments.

4



These fragments then pass through the digestive system **without triggering symptoms**.

When to use GluteGuard

GluteGuard is recommended for use alongside a gluten free diet, in situations where there's a risk of accidental gluten ingestion, such as:



Social Occasions



Restaurants & Cafes



Uncertain Labelling



Catered Meals



Festivals & Events



Travelling

Key things to remember

For those medically required to avoid gluten

GluteGuard is suitable for individuals with coeliac disease and other medically diagnosed gluten sensitivities when used alongside a gluten free diet.

Taking before a meal

To help protect against symptoms of accidental gluten ingestion, GluteGuard's enzymes must be present in the small intestine before food arrives. This ensures they're ready to help break down any hidden gluten before it interacts with the intestinal lining and triggers symptoms.

Enzyme-based action

GluteGuard's enzyme acts locally in the digestive tract and is not known to build up or interact with the body. Excess enzymes simply pass through the digestive system and are naturally excreted.

Use on a regular basis

GluteGuard's active ingredient is naturally derived from papaya and is suitable for regular use. With a maximum daily dose of 4 tablets, it can be taken before each meal in situations of ongoing risk, such as when travelling.

Product information

GluteGuard helps protect those with medically diagnosed gluten sensitivity from symptoms of accidental gluten ingestion.

ACTIVE INGREDIENT

Each enteric-coated tablet contains:

Carica papaya fruit oleoresin dry (Caricain) 300mg

DOSAGE

Adults: Take 1 whole tablet orally immediately before a meal, or as recommended by a healthcare professional.

Do not crush, break or chew.

Maximum daily dose should not exceed 4 tablets unless otherwise recommended by a healthcare professional.

Recommended for adults aged **18 years and older**.

WARNINGS

- Do not use if allergic to **papaya** (paw paw) or **natural rubber latex**.
- Do not use if pregnant or breastfeeding.
- Do not use if taking blood-thinning medication (**warfarin**).
- Contains **sulphites**.

If symptoms persist, worsen or episodes become more frequent, refer on to a medical practitioner.

TO BE USED IN CONJUNCTION WITH A GLUTEN FREE DIET

Want to learn more?

Scan the QR code to access product information, pharmacy education resources, and clinical trial insights on our **Professionals Portal**:



W: professionals.glutagen.com

E: professionals@glutagen.com

P: 03 9087 5464

References

1. Cornell HJ, Czyżewska A, Macrae FA, et al. The effect of enzyme supplementation on symptoms and duodenal histology in celiac patients. *Int J Celiac Dis*. 2016;4:40-47.
2. Żebrowska A, Cornell HJ, Macrae FA, et al. The effect of enzyme therapy on skin symptoms and immune responses in patients with dermatitis herpetiformis. *Int J Celiac Dis*. 2014;2(2):58-63.

Always read the label and follow directions for use.