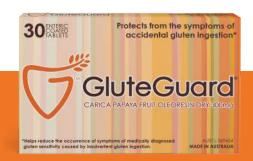


Breaks down the harmful parts of gluten before they trigger symptoms



What is gluten?

Gluten is a protein found in **wheat**, **barley**, and **rye**, including varieties and derivative species of these grains, such as spelt, triticale, and durum¹.

Gluten isn't a single protein, but rather a combination of two main types of proteins: **gliadin** and **glutenin**¹.

When combined with water, these proteins bond together to form the stretchy, elastic network that gives bread, pasta, and other baked goods their characteristic texture².

Gluten digestion

When gluten is consumed, the body's digestive enzymes are unable to fully break down gliadin and glutenin, leaving behind partially digested proteins called **peptides**¹.

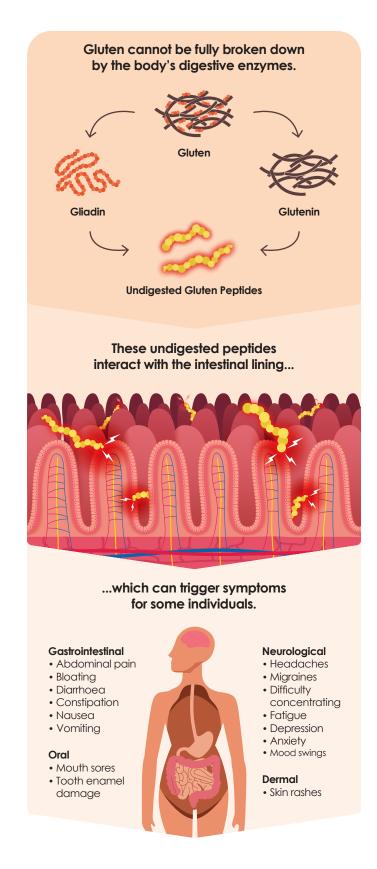
In the **small intestine**, these undigested peptides can **interact** with cells in the intestinal lining or cross through the gut barrier, causing problems for susceptible individuals³.

Who is gluten a problem for?

For most people, these undigested gluten peptides continue through the digestive system without issue.

However, in individuals with **gluten-related disorders**, they can trigger a variety of intestinal or extraintestinal symptoms when they interact with the lining of the small intestine⁴.

In **coeliac disease**, these peptides also trigger immune activation and inflammation that lead to **intestinal damage**¹.



Treatment for gluten-related disorders

A gluten free diet remains the only treatment available for gluten-related disorders such as coeliac disease, dermatitis herpetiformis, and non-coeliac wheat/gluten sensitivity.

However, even with careful dietary adherence, accidental gluten ingestion is common particularly when eating outside the home, where meal preparation is difficult to control⁵.

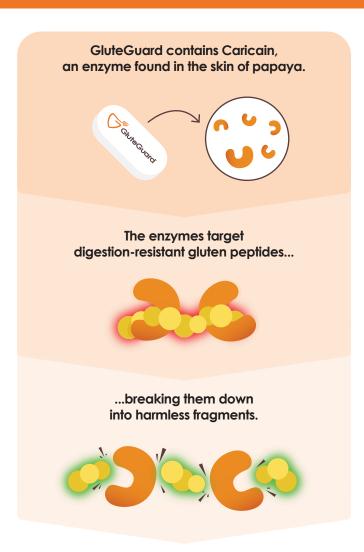
How GluteGuard helps

GluteGuard supports the maintenance of a gluten free diet by protecting against symptoms of accidental gluten ingestion^{6,7}.

It contains Caricain, a unique enzyme found in the skin of unripe papaya, which is able to break down the digestion-resistant gluten peptides known to trigger symptoms in people with gluten-related disorders8.

Taken before a meal as a pre-emptive measure, GluteGuard helps to break these peptides into smaller, harmless fragments before they can interact with the intestinal lining and trigger symptoms.

In this way, GluteGuard offers protection against symptoms of accidental gluten ingestion and **peace of mind** when meals are prepared by others.



Intended use

Adults (18+) with medically diagnosed gluten-related disorders. For use only in conjunction with a gluten free diet.

Dose

Take 1 tablet immediately before a meal. Maximum daily dose should not exceed 4 tablets.

GluteGuard helps protect those with medically diagnosed gluten sensitivity from symptoms of accidental gluten ingestion. Before recommending GluteGuard, please refer to product label and directions for use.

Your chance to win \$500

Scan the QR code and test your GluteGuard knowledge to enter the draw*.



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*Terms and conditions apply. See website for details.

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